



2nd Brown Kicking Demonstration

This demonstration is used to determine the kicking ability of students testing for the rank of 1st Gup (Grade) Brown. These kicks will challenge the student with the complexity of the combinations and the difficulties of maintaining proper balance.

These kicks, unlike the Green belt series, are not thrown while moving across the floor but rather done in place from Fighting stances. They are lead leg combinations except for the last, which is a spinning combination. The last combination allows the student to change stances in order to perform the demonstration with both legs. The other difference is that the students alternate throwing the kicks instead of one student doing them and then the other.

From a Right Fighting stance:

- 1) Hook kick/ Round kick combination
- 2) low Round kick/ high round kick combination
- 3) high Round kick/ low Side kick combination
- 4) spinning low Side kick/ high round kick combination